Valle Vajzash Matjane

(Mat, Northern Albania)

Valle Vajzash Matjane is a women's scarf dance from the town of Mat in Northern Albania.

Pronunciation: Vaee-ZAHSH maht-YAH-neh Translation: Girls from Mat

Music: 4/4 meter

Formation: Dancers in a circle; a short scarf twisted around the middle finger of each hand and hands held high ("W" position)

Steps & Styling: Proud

Meas	4/4 meter	Pattern
2 meas		INTRODUCTION. No action.
	I.	BASIC STEP
1		Facing diag R and moving R (LOD): Big step on Rft to R (1), big step on Lft crossing in front of R (2), turning to face ctr, big step on Rft to R (3), touch ball of Lft fwd, twd ctr (4).
2		Step diag back and to the L on the Lft (1), step quickly on ball of R ft near L heel (2), big step on Lft crossing in front of R (&).
3-8		The 6 count pattern (over 1½ meas) is repeated 4 more times (5 times in all). Then, on the last 2 cts of meas 8: face ctr, release hands and put them on waist while taking 2 steps (R,L) in place.
	II.	TOWARD CENTER AND BACK
1		Facing and moving twd ctr: Pivot on Lft and twist body to face L while taking a big step on Rft fwd, twd ctr (1), pivot on Rft and twist body to face R while taking a big step on Lft fwd, twd ctr (2), pivot on Lft and twist body to face L while taking a big step on Rft fwd, twd ctr (3), pivot on Rft and twist body to face R while taking a big step on Lft fwd, twd ctr (4).
2		Dancing in place: Step on Rft to R while leaning L, bringing R hand high over head and L hand behind body (1), step on Lft behind R heel (2), step on Rft in place (&). Repeat cts 1,2,& to L.
3		Repeat meas 1 Fig II moving away from ctr, pivoting and twisting body in the direction of each step.
4		Repeat meas 2 Fig II.
	II.	FIGURE II, BUT MOVING IN LOD
1-4		Repeat meas 1-2 Fig II twice, now facing and moving in LOD

Sequence: Fig I, Fig II, Fig III. Repeat until end of music. End with feet together, facing ctr.

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