

Marbridge Mixer

Presented by [Nick and Melissa Enge](#)
at Texas Camp 2024

The Marbridge Mixer is a new mixer choreographed by Rianna Godula, one of our class assistants at UT Austin. She designed it, and named it, for a dance class she taught at the Marbridge Foundation, a live-work community for adults with a range of cognitive disabilities in Austin.

Music: “[Joy](#)” by Andy Grammar

Formation: A circle of couples, everyone facing along LOD (Leads in the inside lane and Follows in the outside lane), linking inside elbows with your partner.

Promenade and Heel Taps (8 counts): All starting with L, walk four steps along LOD (1, 2, 3, 4), then tap L heel diagonally forward (5), step L closed with weight (6), tap R heel diagonally forward (7), and step R closed with weight.

Promenade and Heel Taps to Face the Center (8 counts): Repeat those eight counts, but turning $\frac{1}{4}$ CCW to face the center on the heel taps.

High Fives, Middle Fives (8 counts): Unlink your elbows, and using your outside hand (Lead’s left, Follow’s right), high five your partner overhead (1), then using your other hand (Lead’s right, Follow’s left), high five your neighbor overhead (3). Returning to your first hand, “middle five” your partner at chest level (5), then using your other hand, “middle five” your neighbor at chest level (7).

Elbow Swing (8 counts): Facing your neighbor, link right elbows and walk CW around them for eight counts (1, 2, 3, 4, 5, 6, 7, 8). At the end, the Follow flips even more CW to link her left elbow with the Lead’s right elbow, both facing along LOD, to set up for the repeat.

Repeat from the beginning with this new partner.