

Kouresh
Kyrgyzstan

Pronunciation: koo-RESH

Source: Wim Bekooy of Holland. I have no idea if this is a researched dance or if it is his choreography, but it's great fun!

Music: "Aa-Shuu Dekei-oo" from album 'The Orphan's Lament' by Huun- Huur-Tu

Rhythm: 4/4 Feel of the dance is happy; and mimics their culture of horse-back riding.

Formation: Figure one: Line of individuals facing and moving slowly LOD; no hand hold; both arms swing in unison at sides (down on ct 1, up on ct 2).
Figure two: facing center, pinky hold in W position. Hands can make small circles on 'crabwalk' figure.

Meas. Pattern

Introduction

Fall on Right foot slightly forward (accented step – not quite a stamp) (ct 1).
Step Left foot next to Right (ct &). (As if riding a horse...)

Fig. 1 Traveling

- 1 Fall on Right foot slightly forward as in introduction. At the same time, hands clap in front of you as they swing down to sides (ct 1). Continue with the same introduction step (cts 1& - 4&).
- 2 With the same feel and continuing in LOD, do two triplets – QQS- (RLR, LRL): Specifically, Step R (ct 1), Step L in place (ct &), Step R slightly forward (ct 2). While on count 1, Right hand/arm makes sweeping gesture down to right side (cts 1-2). Repeat opposite feet and arm, LRL (cts. 3-4)
Traveling figure is done 5 times.

Fig. 2 'Crab walk/falling off horse*'

- Facing center of circle, join pinkies. Travel REVERSE LOD with two triplets:
- 1 Step R foot across L (ct 1), small step with L to left (ct &), Step R across L (ct 2).
 - 2 Step L foot to left side (ct 1, step across L with Right foot (ct &), step L to side (ct 2)
 - 3-4 Repeat measure 1 & 2 crab walk to left.
 - 5 Leaving left foot attached to floor, lean and step to right with Right foot. (ct 1). Push off right to step on Right foot next to Left foot. (ct 2) (fall side/push return)
 - 6 Leaving right foot on floor, lean and step to left with Left foot (ct 1). Push off left foot to step back next to right foot, taking weight on Left foot. (ct 2).
 - 7-8 Repeat measures 5 & 6.
Crab walk/falling off horse repeats (meas. 1-8) 4 times.

Kouresh, cont.

Dance pattern;

Introduction, Fig 1, Fig 2, Fig 1, Fig 2 (as music fades, no footwork, but continue to 'ride into the sunset' ...)

* *The names given to figures are my own to assist memory.*

Huun-Huur-Tu (A-Shoo-De-Ke-Yo Lyrics in English)

**When my trotting dun is trotting
the fog on the ground clears up
When the eloquent girl manifests herself
The Seven Stars conjoin**

**My sweetheart's two eyes
are like the stars that rise late
Her coarse braid
is like the cedar of my taiga pasture**

**When my ambling dun is ambling
the first fog clears up
When my witty dear manifests herself
The first stars conjoin**

**Its children are bold,
cheerful and merry, deng-deng
Its peoples are free
it is our Tuva, deng-deng**

**My young beloved's two eyes
are like the stars that shine in the evening
Her braid born in autumn
is like some land's cedar**

<http://www.tyaviki.org/wiki/Aa-Shuu-Dekei-Oo>