

Istambul  
Pseudo-Turkish

Music: "Flood", They Might Be Giants; 4/4

Formation: Open line of dancers facing center of room, moving slightly LOD.

Meas.            Pattern

Introduction: (begin movement with drumming)

1            Arms down, Step L with bent knee in front of and across R foot (ct 1,2);  
step R to R (ct 3,4).

2-8        Repeat meas. 1. Note: on measure 8, touch R foot next to L (ct 3,4).

Figure I: Pie slicing and windshield-wipers; (begin with singing)

1            Facing center, arms in W position moving diagonally into circle "cutting pie wedge",  
step R,L,R (ct 1,2,3); touch L toe next to R foot (ct 4).

2            Moving backward slightly LOD "cutting pie", step L,R,L (ct 1,2,3); touch R toe next to L  
foot (ct 4).

3            Step R to R side (ct 1); step L to close next to R (ct 2); step R to R side (ct 3), touch L toe  
next to R foot (ct 4) [arms move R,L,R in "windshield-wiper" style (ct 1,2,3);  
hold to R (ct 4).]

4            Repeat count 3 in opposite direction, with opposite feet and arms.

Repeat Figure I

Figure II: turns & backing

1            Turning clockwise with 3 steps, step R to R (ct 1) pivoting on R;  
step L to L side LOD (ct 2) pivotin g on L ; step R to R to face center (ct 3);  
touch L next to R foot (ct 4).

[Arms in W position, drop hands of neighbor, rotate wrists to circle hands (ct 1,2,3);  
lower arms to clap (ct 4).]

2            Repeat Fig. II, measure 1; turning counter-clockwise and with opposite footwork.

3            Step R,L,R backing away from center of room , lowering arms to sides, hands joined with  
neighbors (ct 1,2,3); touch L next to R (ct 4).

4            Moving forward into circle, step L (ct 1); close R immediately behind L (ct 2);  
step forward L (ct 3); place R ankle behind L knee, bending L knee to lean body  
backwards (ct 4).

Repeat Figure 1

Figure III: grapevine - both, leap

1            Arms in W position, grapevine; step R to R side (ct 1); step L across in front of R (ct 2);  
step R to R side (ct 3); step L behind R (ct 4).

2            Jump onto both feet (ct 1); leap forward onto L (ct 2).

Note: there are only 2 counts in measures 2!

Repeat the dance without introduction

On third repetition of the dance Figure III, measure 1, (grapevine) is done two times, followed by measure 2, with optional shoulder shimmy on measure 2, ct 2, to end the dance.

Dance and notes by Joan Bennett