

ISPANYOL KASABI

PRONUNCIATION : is pon yol koa so bi

TRANSLATION : Ispanyol means Spanish. Kasap is butcher; Kasap or kasabi is a general dance name is Trakya (Thracia)

MUSIC : Cassette 1 (side A - band 2)

METER : 7/8 - 4/4

FORMATION : Semi circle, hands free for the first part then arms in the shoulders

PATTERN

Introduction; 2 times 7/8 drum ritm

Figure 1 L arm is up, straight from elbow and aprallel to the ground. R arm is also up but bent from elbow, facing up and waving the handkerchief.

- ct. 1 Facing LOD, R is on the floor. Lift L and make a bicycle turn to diag R
- ct. & Step on L in place (keep diag Rt position), lift R up slightly
- ct. 2 Step on R in place, lift L up slightly
- ct. & Step on L fwd
- ct. 3 Keep L on floor, lift R up, facing diag Lt and make a bicycle turn
- ct. & Step on R in place (keep diag Rt position), lift L up slightly
- ct. 4 Step on L in place, lift R up slightly
- ct. & Step on R fwd

Repeat Fig. 12 times

Figure 2 Figure 2 is a faster version of Figure 1 with hops and more moving

- ct. 1 Hop on R in place, lift L up and make a bicycle turn to diag Rt
- ct. & Step on L in place list R slightly
- ct. 2 Hop on R in place, lift L up slightly
- ct. & Leap on L fwd, lift R up slightly
- ct. 3 Hop on L in place, lift R and make a bicycle turn to diag L
- ct. & Step on R in place, lift l slightly
- ct. 4 Hop on L in place, lift R slightly
- ct. & Leap on R fwd, lift L slightly

Repeat Fig. 12 times

Figure 3 Change to 4/4 time

- ct. 1 Step on L to ctr, starting to turn over L shoulder. L arm is down about 45 deg., R arm is up, elbow straight
- ct. 2 Hop on L in place, continue turning
- ct. & Hop on L in place, continue turning (you've made a half turn)
- ct. 3 Hop on R behind L in place, kick L fwd, keep turning, change arms to opposite position

Ispanyol Kasabi cont.

- ct. & Hop on R in place, lift L more, keep turning
- ct. 4 Hop on L behind R and kick R fwd (you've completed the turn), arms go back to original position
- ct. & Hop on L in place, lift R more
- ct. 5 Hop on R in place, lift L, both arms bend at elbows
- ct. & Drop L next to R, clap hands
- ct. 6 Hold position

Figure 4

- ct. 1 Facing ctr, put arms on shoulder, step on R heel to Lt, crossing L
- ct. & step on L to Lt, twist R heel in place
- ct. 2 & Repeat cts. 1 &
- ct. 3 Leap on R in place
- ct. & Drop L next to R
- ct. 4 Hold position

Do Fig. 4 once only, then do Fig. 3 once more

Figure 5

- ct. 1 Facing ctr, arms on shoulders. Step on L fwd, lift R
- ct. 2 Brush R tow in front of L
- ct. 3 Step back on R behind L and lift L up
- ct. 4 Step back on L behind R, lift R up
- ct. 5 Leap onto R, lift L up
- ct. & Drop L and place it next to R
- ct. 6 Hold position

Do figure 5 - 5 times and then repeat Figure 4 one time only and Figure 5 once more

Figure 6

- ct. 1 Jump on both feet, L in front of R touching toe
- ct. 2 Jump on both in place again, this time R is in front of L and touching toe
- ct. 3 Jump on both, feet together
- ct. 4 Hop on R in place, lift L
- ct. 5 Jump on both in place, feet together
- ct. 6 Hop on L in place, lift R up and pump it down

Repeat Figure 6 - 5 times

Transition from Fig. 6 to Fig. 7

- ct. 7 After 5th repetition of Fig. 6, Drop R in place next to L, lean body over
- ct. 8 Hold position

Figure 7

- ct. 1 hop on L fwd, lean body back
- ct. & Hop on L in place, lift R up in front of L
- ct. 2 Hop back on R, touch L toe in front of R
- ct. & Hop back on L, touch R toe in front of L
- ct. 3 Jump on both in place, lean body fwd
- ct. & Hop on R in place, lift L back

Repeat Fig. 7- 5 times

To Finish

After the 5th repetition of Fig. 7, complete the step, then step fwd on L, lift R back and bring it next to L foot and say "Hey"