

INADUNA

PRONUNCIATION : E no doo na

TRANSLATION : Against to the will.

REGION : Northern Anatolia, Blacksea.

MUSIC : CD # 4 / Track #

METER : 7/8

FORMATION : Arms down bent from the elbows parallel to the ground.

PATTERN

FIG.1

Facing Center

ct1; Bouncy step on R (flat food) to Rt

ct&; Step on L in place, straight knees

ct2; Bouncy step on R (flat food) in place

ct3; Bouncy step on L (flat food) to Lt

ct&; Step on R in place, straight knees

ct4; Bouncy step on L (flat food) to Lt

ct5 + 6; Repeat ct;1 + 2 except that do the movement diag. fwd

ct7 + 8; Repeat ct;3 + 4 (ct8; cross in front of R)

ct9; Bouncy step back on R

ct10; Bouncy step back on L

FIG.2

Face Center

ct1; Stamp fwd R but no weight on it, arms go down

ct2; Step fwd on R

ct3; Touch fwd on L no weight on it

ct4; Step fwd on L

ct5; Step on R in place, bring arms up

ct6; Step on R in place, bring arms down

FIG.3

Face Center

ct1; Step on R to Rt, knees bent

ct2; Leap on L to Lt, lift R up

ct3; Step on R in place

ct&; Quick step on L in place

ct4; Step on R in place

ct5 to ct8 are the exactly the same as in ct1 to ct4 but opposite direction and opposite footwork

ct9; Step on R fwd to ctr facing opposite of LOD

ct10; Step on L in place, face ctr and lift R up

FIG.4

ct1; Step back on R, knees bent
ct2; Hop back on R, straighten knees
ct3; Step back on L, knees bent
ct4; Hop back on L, straighten knees
ct5; Jump on both in place, move arms to Rt, bent elbows
ct6; Hop on L in place, lift R up. bring arms to the center
ct7; Jump on both in place
ct8; Hop on R and lift/pump L down
ct9; Jump on both in place
ct8; Hop on L and lift/pump R down