

HEYAMO

PRONUNCIATION : HEY AMMO

MUSIC : CD # 4 / Track # 1

METER : 4/4

FORMATION : Arms down bent from the elbows parallel to the ground.

PATTERN

FIG.1 Facing Center
ct1; Step on R to Rt
ct2; Step on L to Rt, crossing Rt
ct3; Step on R to Rt
ct4; Quick step on L to Rt, crossing Rt
ct&; Quick step on R to Rt
ct5; Step on L to Rt, crossing Rt
ct6; Quick step on R to Rt
ct&; Quick step on L to Rt, crossing Rt
ct7; Step on R to Rt
ct8; Touch L next to R
ct9; Step on L to Lt
ct10; Step on R to Rt
ct11; Step on L to Lt
ct12; Touch R next to L